

DR. DOUGLAS L. HENDRICKS

WHAT ATTRACTED YOU TO PLASTIC SURGERY

I've known I wanted to be a surgeon since third grade.

The beautiful thing about plastic surgery is the aspect of restoring function and beauty

FAVORITE PART OF YOUR JOB The creativity and artistry that come out when I am in surgery

WHAT ONE WORD BEST DESCRIBES YOUR BEDSIDE MANNER

Reassuring

ANTI-AGING ADVICE Reduce and maintain weight through exercise, consciously reduce stress every day, drink more water, get less sun, and, most importantly, have fun

ALTERNATIVE OCCUPATION Inventor

HOBBIES Diving with sharks, martial arts and family time

PLACE YOU GO TO ESCAPE THE OFFICE The beach

FRAMED PHOTOS ON YOUR DESK My wife and daughter

I START EACH DAY With gratitude, and giving my wife and daughter a kiss



TIMELESS TRENDY TIGHTENING

Dr. Hendricks is a firm believer that the future of achieving a youthful appearance involves **TIGHTENING LOOSE SKIN**.

"Gravity and heredity contribute to loose skin, which makes us look older," he says. "I always tell my patients that gravity keeps me in business." Dr. Hendricks can now offer newer techniques that prompt the skin to tighten on its own, without surgical removal, which has been the traditional plastic surgery approach for many years. A careful, quantifiable way to promote skin tightening is to deliver heat to the collagen within the skin, inducing it to contract and tighten. "I now have three technologies that can work by themselves, or in harmony, to

PROMOTE COLLAGEN REMODELING," says Dr. Hendricks. "For example, the **SMARTLIPO™** laser tightens the skin from the undersurface by delivering heat, which also helps dissolve fat deposits. The **AFFIRM™ CO₂** and **AFFIRM MPX™** are two lasers that treat the collagen from the outside. The Affirm CO₂ dramatically improves the skin in as little as one to two treatments but requires one to three days of downtime. The Affirm MPX produces more subtle results, but without the downtime. For more details, I encourage you to check my Web site, where you can also view my before-and-after gallery."

INSIDE INFORMATION

compassionate care

Achieving subtle surgical outcomes is only one of Dr. Douglas L. Hendricks' surgical goals. "I seek genuine-looking results that complement individual beauty," says the Newport Beach, California, plastic surgeon, who also enjoys developing lifelong, trusting relationships "where patients feel valued and at-ease."

"We follow up throughout the healing process, as much as one year post-surgery," says Dr. Hendricks, a self-described perfectionist. "It's important patients feel as confident along the journey as with the end result." With over 18 years of experience and over an estimated 10,000 plastic surgery procedures to his credit, Dr. Hendricks' plastic surgery know-how translates into a host of surgical and nonsurgical service options. "My objective with each patient I treat is to offer the latest advances the industry has to offer, with a personal touch. There's more to being a plastic surgeon than performing procedures. The human aspect, in my opinion, is just as important."

Board certified in plastic surgery, with surgery of the hand as a sub-specialty, Dr. Hendricks says his greatest satisfaction is derived from meeting the unique challenges each surgery has to offer. "I am always aiming for perfection," says Dr. Hendricks. "Patients remember if you listen to their concerns and remain accessible to their needs. Modifying treatment plans to complement individual needs is an approach I take great pride in."

"Our goal is
to restore beauty
and function."

—DOUGLAS L. HENDRICKS, MD, FACS

BOARD CERTIFICATION

American Board of Plastic Surgery

MEDICAL DEGREE

University of Louisville

GENERAL SURGERY RESIDENCY

University of Louisville

PLASTIC SURGERY RESIDENCY

University of Pittsburgh

RESEARCH FELLOWSHIP

University of Pittsburgh

AFFILIATIONS

American Society of Plastic Surgeons

American Society for Aesthetic Plastic Surgery

Fellow, American College of Surgeons

American Society for Reconstructive Microsurgery

PROCEDURES PERFORMED

Body Contouring

Mid-Facelift

Liposuction

Rhinoplasty

Facelift

LOCATION

Newport Beach, California

949.640.9570

WEB SITE

www.hendricksmd.com