

Dr. Douglas L. Hendricks

Pacifica Cosmetic Surgery Center, Inc.
Newport Beach, California

ASK DR. HENDRICKS

HOW DO YOU KNOW WHAT TREATMENTS TO SUGGEST TO PATIENTS?

I take a "whole person" approach, defining patients not so much by their concerns or age, but by their lifestyles and visions of beauty.

HOW WOULD YOUR RECOMMENDATIONS CHANGE DEPENDING ON ONE'S AGE?

I wouldn't recommend the same procedure for a woman in her 20s who is plagued by diet-resistant fat as I would for a post-pregnant woman in her 40s. I may recommend Smartlipo™ as a means to achieve a flatter abdomen for the younger patient, but suggest an abdominoplasty for the post-pregnant mother.

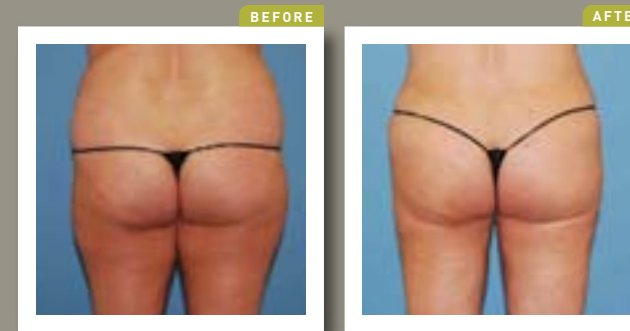
WHAT DOES BEING A PLASTIC SURGEON ENTAIL?

There's more than performing procedures. The human aspect is just as important.

Timeless trendy tightening

Dr. Hendricks is a firm believer that the future of achieving a youthful appearance involves tightening loose skin. "Gravity and heredity contribute to loose skin, which makes us look older," he says. "I always tell my patients that gravity keeps me in business." Dr. Hendricks can now offer newer techniques that prompt the skin to tighten on its own, without surgical removal. A careful, quantifiable way to promote skin tightening is to deliver heat to the collagen within the skin, inducing it to contract and tighten. "I now have three technologies that can work by themselves, or in harmony, to promote collagen remodeling," says Dr. Hendricks. "For example, the Smartlipo™ laser tightens the skin from the undersurface by delivering heat, which also helps dissolve fat deposits. The Affirm™ CO₂ and Affirm MPX™ are two lasers that treat the collagen from the outside. The Affirm™ CO₂ dramatically improves the skin in as little as one to two treatments but requires one to three days of downtime. The Affirm MPX™ produces more subtle results, but without the downtime. For more details, I encourage you to check my Web site, where you can also view my before-and-after gallery."

CASE STUDY



THE SKINNY ON LIPOSUCTION

This 29-year-old exercised faithfully and maintained a calorie-restricted diet, yet was unable to reduce her stubborn love handles and inner thigh fat. She requested a consultation with Dr. Hendricks, who felt she would benefit from Smartlipo™ and power-assisted liposculpture, combined. "Almost immediately her clothing fit better, her waist and thighs were thinner and she was much happier about her appearance," says Dr. Hendricks.

"I am always aiming for perfection"

DR. DOUGLAS L. HENDRICKS IS THERE FOR HIS PATIENTS—IN THEIR 20s, ALL THE WAY THROUGH THEIR 50s, 60s AND BEYOND. "PEOPLE'S BODIES AND BELIEFS ABOUT BEAUTY CHANGE AS THEY GET OLDER. SOMEONE IN THEIR 30s MAY BE CONCERNED ABOUT SOFTENING A FACIAL FURROW OR AN EXTRA BULGE, WHILE WOMEN IN THEIR 50s AND 60s MAY DESIRE DRAMATIC FACIAL REJUVENATION. I OFFER SOMETHING FOR EVERYONE."

MEET THE EXPERT

Dr. Douglas L. Hendricks

American Board of Plastic Surgery

SERVICES OFFERED

Body Contouring
Mid-Facelift
Liposuction
Rhinoplasty
Facelift

ABOUT DR. HENDRICKS

WHAT ATTRACTED YOU TO PLASTIC SURGERY?
I've known I wanted to be a surgeon since third grade. The beautiful thing about plastic surgery is the aspect of restoring function and beauty.

HOW MANY PLASTIC SURGERY PROCEDURES HAVE YOU PERFORMED?
With over 18 years of experience, I'm estimating I have performed more than 10,000 procedures.


WHAT ONE WORD BEST DESCRIBES YOUR BEDSIDE MANNER?
Reassuring.

WHAT DO YOU LOVE MOST ABOUT YOUR JOB?
My greatest satisfaction is derived from meeting the unique challenges each surgery has to offer. I am always aiming for perfection.

MEDICAL DEGREE
University of Louisville

LOCATION
Newport Beach, California

CONTACT
949.640.9570

 To learn more about the practice visit DrHendricks.com